

The “Let’s Learn about Drugs and Alcohol Together” Programme

SUBSTANCE USE EDUCATION PROGRAMME FOR 2nd YEAR PUPILS AND THEIR PARENTS/GUARDIANS

The “**Lets Learn about Drugs and Alcohol Together**” programme is an evening programme developed and delivered by the Mid West Regional Drugs and Alcohol Forum (MWRDAF) in partnership with the Health Services Executive (HSE West) and **Scoil Mhuire**.

The programme was specifically developed for parents and pupils in **2nd year** across the mid west.

The programme consists of two sessions delivered afterschool, by MWRDAF staff. Important to note that the session is not a lecture instead it actively engages the parent and pupil in a shared learning environment. The content of the project is aligned to the relevant NCCA SPHE curriculum guidelines.

The dates for the session at **Scoil Mhuire Ennistymon** are:

Wednesday December 2nd 7.00 pm - 8.30 pm (*Parent only*)

Wednesday December 9th 7.00 pm – 9.00 pm (*Parent & 2nd yr. child*)

Session One

- Parents Only
- Interactive, facilitated session
- Explores:
 - Substance Information
 - Age-related development
 - Parental Influence
 - Prevention Messages
 - How to talk in the home
 - Debrief on Session 2
- National and Local Services

Session Two

- Parents and 2nd year child
- Age-Appropriate
- Reiteration rather than Repetition
- Experiential Learning Format – *actively engaged*
- Q&A Session

“Parental values, attitudes, behaviours and responses to substance use have been shown to be key protective factors in preventing problematic substance use”.

If you require any more information on the programme please contact:

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